



*Yoga +
* Class*

*Stretch,
Strengthen, and
Center
Yourself!*



*Members: \$40
Nonmembers: \$50*

**EVERY TUESDAY
8:30 AM - 9:30 AM**

*22 Chestnut Ave,
Island Heights*



www.ocartistsguild.org



OCAG Yoga Friday's – March

Yoga at the Guild!

\$40 for members for the month or
\$10/session.

\$60 for non-members for the month or
\$15/session.

3/3/2026 - 8:30 AM

[Yoga - Ocean County Artists' Guild](#)

3/10/2026 - 8:30 AM

[Yoga - Ocean County Artists' Guild](#)

3/17/2026 8:30 AM

[Yoga - Ocean County Artists' Guild](#)

3/24/2026 - 8:30 AM

[Yoga - Ocean County Artists' Guild](#)

3/31/2026 - 8:30 AM

[Yoga - Ocean County Artists' Guild](#)